

BE PREPARED



FALL & WINTER 2026

SWIM LESSONS • AQUATICS & SAFETY CERTIFICATIONS

SWIM LESSONS

AQUATICS CERTS

SAFETY CERTS

Preschool

Tuesday & Thursday

4:00-4:30 & 4:40-5:10 pm

Age 3-5, Levels 1-3

- Aug 25-Sept 17
- Sept 29-Oct 22
- Oct 27-Nov 19
- Dec 1-17

Member: \$81, Non-Member: \$114

School Age

Tuesday & Thursday

5:20-5:50 & 6:00-6:30 pm

Age 6-12, Levels 1-6

- Aug 25-Sept 17
- Sept 29-Oct 22
- Oct 27-Nov 19
- Dec 1-17

Member: \$81, Non-Member: \$114

Parent & Me

Saturdays - 10:00 - 10:30 am

- Sept 12-Oct 3
- Oct 10-31
- Nov 7-Dec 5

Wednesdays - 6:00-6:30 pm

- Sept 2-23
- Sept 30-Oct 21
- Oct 28-Nov 18

Member: \$50, Non-Member: \$63

Lifeguard

American Red Cross Lifeguard

- Aug 8-9
- Oct 3-4
- Dec 5-6

Saturday & Sunday / 8:00-5:00

Must be 15 years of age. \$230

Lifeguard Recert

- Aug 9
- Oct 4
- Dec 6

8:00 am - completion.

Must be 15 years of age. \$110.00

WSI

Water Safety Instructor

- Aug 15-16
- Oct 10-11
- Dec 12-13

Sat: 8 am-5 pm / Sun: 8 am-completion

Must be 16 years of age. \$230

CPO

Certified Pool Operator

Aug 22-23 • Sept 19-20 • Oct 7-8
10/17-18 • 11/7-8 • 12/15-16

CPO Fusion (\$350) / CPO Recert (\$152)

CPR (BLS)

Basic Life Support / AHA

- Sept 14
- Nov 2
- Oct 5
- Dec 7

6 pm (\$47)

Heartsaver CPR, First Aid, AED

- Sept 2
- Nov 4
- Oct 7
- Dec 2

6 pm (\$83)

Pediatric Heartsaver CPR, First Aid, AED

- Aug 13
- Nov 11
- Sept 9
- Dec 9
- Oct 14

6 pm (\$83)

E-Learning

Test in-house. Call the Y for details and to set up an appointment for testing.

With card fees BLS: \$45

With card fees Heartsaver: \$50

Visit www.elearning.heart.org for additional course fees.

Private Swim Lessons

Contact Freddie Brown

Information and prices are subject to change.

Updated 08/07/26

Register in-house or by phone.

Altru Family YMCA • (701) 775-2586 • www.gfymca.org