



TAKE THE CHALLENGE

Take the 50 mile challenge and you'll be able to say "I swam 50 miles at the Y!"

SWIM 50 MILES

July 1 - October 31

Registration is Open!

Show off your accomplishment by wearing the t-shirt you'll receive after completing your 50 mile swim. If you are in the top 3 "fastest to complete" swimmers, you will receive a gold, silver or bronze medal!

Cost is only \$20 to participate. Register at the Y or call 701-775-2586.

For detailed information, contact Freddie Brown:
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