

# OCTOBER YMCA PROGRAMS & EVENTS

\*\*\*Open/Family Swim: 2-5 pm\*\*\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>1</b> <b>Parkinson's Support Group - 6:30 pm</b> Swim Lessons Preschool & School Age 4:00 / 4:40 / 5:20 / 6:00 Itty Bitty Soccer Elks Park 5:30 & 6:20 pm Chuck a Duck Starts	<b>2</b> Parent & Me Swim Lessons 6:00-6:30 pm Adult Volleyball League 6:30-10:00 pm Karate - 7:00-8:30 pm	<b>3</b> Swim Lessons Preschool & School Age 4:00 / 4:40 / 5:20 / 6:00 ADULT Swim Lessons 6:45-7:30 pm	<b>4</b> Parents Night Off Kids Night In 6:00-8:45 pm Karate - 5:00-6:00 pm	<b>5</b> Itty Bitty Whiffleball: 9:30 & 10:20 Mighty Mite Basketball: Girls 9:00/Boys 10:00 Parent & Me Swim Lessons 10:00 & 10:30 am Karate - 11:00 am-12:30 pm	<b>6</b>
<b>7</b> <b>Altru Flu Shots 3:00-4:30</b> CPR (BLS) 6:00 pm Adult Volleyball League 6:30-10:00 pm	<b>8</b> Swim Lessons Preschool & School Age 4:00 / 4:40 / 5:20 / 6:00 GIRLS YBL Gr 2-3 5:30 pm Gr 4-6 6:45 pm Kelly School	<b>9</b> <b>Pumpkins for Parkinson's Day</b> Parent & Me Swim Lessons 6:00-6:30 pm Heartsaver CPR, FA, AED 6 pm Adult Volleyball League 6:30-10:00 pm Karate - 7:00-8:30 pm	<b>10</b> Swim Lessons Preschool & School Age 4:00 / 4:40 / 5:20 / 6:00 ADULT Swim Lessons 6:45-7:30 pm GIRLS YBL Gr 2-3 5:30 pm Gr 4-6 6:45 pm Kelly School	<b>11</b> Karate - 5:00-6:00 pm	<b>12</b> Itty Bitty Whiffleball: 9:30 & 10:20 Mighty Mite Basketball: Girls 9:00/Boys 10:00 Parent & Me Swim Lessons 10:00 & 10:30 am Full Lifeguard 8-4 Karate - 11:00 am-12:30 pm	<b>13</b> Full Lifeguard 8-3 Recert LifeG - 8-done.
<b>14</b> Adult Volleyball League 6:30-10:00 pm	<b>15</b> Swim Lessons Preschool & School Age 4:00 / 4:40 / 5:20 / 6:00 GIRLS YBL Gr 2-3 5:30 pm Gr 4-6 6:45 pm Kelly School	<b>16</b> <b>Birthdays Club Noon</b> Parent & Me Swim Lessons 6:00-6:30 pm Pediatric Heartsaver CPR, FA, AED-6:00 pm Adult Volleyball League 6:30-10:00 pm Karate - 7:00-8:30 pm	<b>17</b> Swim Lessons Preschool & School Age 4:00 / 4:40 / 5:20 / 6:00 ADULT Swim Lessons 6:45-7:30 pm GIRLS YBL Gr 2-3 5:30 pm Gr 4-6 6:45 pm Kelly School	<b>18</b> Karate - 5:00-6:00 pm	<b>19</b> Itty Bitty Whiffleball: 9:30 & 10:20 Mighty Mite Basketball: Girls 9:00/Boys 10:00 Parent & Me Swim Lessons 10:00 & 10:30 am WSI Cert - 8-6 Karate - 11:00 am-12:30 pm	<b>20</b> WSI Cert - 8-4:30
<b>21</b> Adult Volleyball League 6:30-10:00 pm	<b>22</b> Swim Lessons Preschool & School Age 4:00 / 4:40 / 5:20 / 6:00 GIRLS YBL Gr 2-3 5:30 pm Gr 4-6 6:45 pm Kelly School	<b>23</b> Parent & Me Swim Lessons 6:00-6:30 pm Adult Volleyball League 6:30-10:00 pm Karate - 7:00-8:30 pm	<b>24</b> Swim Lessons Preschool & School Age 4:00 / 4:40 / 5:20 / 6:00 GIRLS YBL Gr 2-3 5:30 pm Gr 4-6 6:45 pm Kelly School	<b>25</b> Karate - 5:00-6:00 pm	<b>26</b> Itty Bitty Whiffleball: 9:30 & 10:20 Mighty Mite Basketball: Girls 9:00/Boys 10:00 ADULT Swim Lessons 11:00 am Certified Pool Operator (CPO) 8:30 am-5 pm Karate - 11:00 am-12:30 pm	<b>27</b> <b>YMCA Halloween Party 6-8 pm</b>  ADULT Swim Lessons 11:00 am Certified Pool Operator (CPO) & CPO Fusion 8:30 am - completion
<b>28</b> Adult Volleyball League 6:30-10:00 pm	<b>29</b> GIRLS YBL Gr 2-3 5:30 pm Gr 4-6 6:45 pm Kelly School	<b>30</b> Parent & Me Swim Lessons 6:00-6:30 pm Adult Volleyball League 6:30-10:00 pm Karate - 7:00-8:30 pm	<b>31</b>  Chuck a Duck - Ducky Purchase Ends GIRLS YBL Gr 2-3 5:30 pm Gr 4-6 6:45 pm Kelly School	<b>Nov 1</b>  <b>Y MOVIE NIGHT</b> Empire 6:30 pm Parents Night Off Kids Night In 6:00-8:45 pm Karate - 5:00-6:00 pm	<b>Nov 2</b> Chuck a Duck Toss - 2:00-4:00 pm  Parent & Me Swim Lessons 10:00 & 10:30 am ADULT Swim Lessons 11:00 am Happy Feet Soccer: Girls 9:00 am/ Boys 10:00 am Itty Bitty Soccer: 9:30 & 10:20 Karate - 11:00 am-12:30 pm	<b>Nov 3</b> ADULT Swim Lessons 11:00 am